

Mile High ALA Annual Chapter Education Retreat

Friday, October 14 – Saturday, October 15, 2016



Please join us at
The Lodge at Vail
174 E. Gore Creek Dr.
Vail, CO 81657

<http://lodgeatvail.rockresorts.com>



Sponsored by our Mt. Elbert
Business Partners:



Join us in Vail . . .

Dear ALA Colleagues & Mile High Mt. Elbert
Business Partners,

Please join us for professional education and some
well deserved personal time to re-charge your
batteries before the hustle and bustle of the
holidays hit, at the 2016 Annual Mile High Chapter
Education Retreat.

This years' retreat will be held at The Lodge at Vail.
You will have the opportunity to connect with your
colleagues and friends in a beautiful setting while
enhancing both your personal and professional
growth through our educational retreat.

Thanks to the continued support of our Mt. Elbert
business partners we are excited to offer two
speakers in this tranquil settling. And for those
who need re-certification credits the committee will
be submitting the retreat for CLM, SHRM, and
HRCI re-certification credits.

The Professional Development Committee looks
forward to welcoming you to The Lodge at Vail.

Jessie Meier, Chairperson
Sarah Stromberg, Co-Chairperson

Committee Members:

Julie Becker
Theresa Doolittle
Julie Kronenberger
Terri Moore-Natal
Janet Wulf

Lynn Davidson
Stacie Hedrick
Tami Lawley
Ann Wilson



Friday, October 14, 2016
1:00 p.m. – 5:00 p.m.

The Realists Guide to Getting a Grip on Negativity

Speaker: Craig Price



Is negative thinking causing problems in your business? It may be because you're not using all that negative thinking to your advantage! We all know that negativity is an unfortunate part of life. Understanding its usefulness and value is a major key to success. With this innovative, entertaining program Craig price takes a realistic, humorous look at traditionally "negative" issues. By looking at the hidden value in complainers, criticism and failure, Craig will give tools to not only limit the occurrence of these difficulties, he'll have you looking at these "problems" in a whole new light.

The learning objectives for this first session include:

Harnessing the power in negative thinking

Responding effectively to negative employees

Complainers and the kernel of truth: getting to the point

Creating effective teams by embracing the negativity of others

How to use your natural insights: being prepared for problems

The value of negative experiences: creating success from failure

Managing expectations: stress reduction for team effectiveness

The power of saying "no": delegating responsibly

Saying "no" to "yes" men: constructive criticism from subordinates

Understanding the grapevine: controlling rumors effectively

An award winning professional stand-up comedian, veteran podcaster and certified instructor, Craig has a background in customer service, information technology and safety. Craig uses his sharp wit, intelligence and straight talk to deliver entertaining, informative programs that allow people to believe in themselves under any circumstances.

SATURDAY, OCTOBER 15, 2016
8:30 A.M. – 12:00 P.M.

YOUR WORK. YOUR LIFE. YOUR CHOICE.
SPEAKER: JUNE RAMOS



Is there a working person out in the world who doesn't have trouble balancing work and home life? If you are like most people, you struggle finding time to complete all the things that you consider most important to you!

Don't buy into the notion that "you can have it all?" The truth is, you can have "what is most important to you – and you have to choose and make trade-offs."

In this session on our final day learn to better manage the conflicts of multiple work/career and personal priorities, eliminate the guilt that plagues our choices, identify top priorities for work and personal life and create laser focus for success around these areas, use three top stress reducing tips to manage the chaos that life brings, and build an action plan for success.

June Ramos has provided professional coaching, strategic management and organizational development and consulting, and training delivery to business, industry, and government organizations for more than 25 years both nationally and internationally. Her primary emphasis is on helping individuals and organizations achieve optimal performance by providing clients with tools to build collaborative partnerships, enhance communication and decision making, and increase accountability and responsibility.

June's relaxed yet focused facilitation style enables her to connect with participants. She personalizes content and issues for greater understanding and application. June challenges her audiences to answer the question "So what?" – that is, how will they apply the material, techniques, and strategies in their individual and organizational situations.

RETREAT AGENDA

Friday, October 14, 2016:

- 12:00 p.m.- 1:00 p.m. Registration
- 1:00 p.m.- 5:00 p.m. (with a break) “The Realist’s Guide to Getting A Grip on Negativity” Speaker: Craig Price
- 5:00 p.m.- 6:00 p.m. Hotel Check-in
- 6:00 p.m.- 7:00 p.m. Cocktails & Social Networking
- 7:00 p.m.- 9:00 p.m. Dinner



Saturday, October 15, 2016:

- 7:30 a.m.- 8:30 a.m. Breakfast
- 8:30 a.m. -12:00 p.m. (with a break) “Your Work. Your Life. Your Choice.” Speaker: June Ramos
- 12:00 p.m. Hotel Check-out



Pricing / Cost

Price	Hotel Rm (Single)	Hotel Rm (Shared)	Friday Program	Fri Cocktails & Dinner	Saturday Breakfast	Saturday Program
ALA Members						
\$149	✓		✓	✓	✓	✓
\$79			✓	✓	✓	✓
\$49					✓	✓
Guest / Non-ALA Member						
\$189	✓		✓	✓	✓	✓
\$119		✓	✓	✓	✓	✓
\$99		✓		✓	✓	
Business Partners Guest						
(2 Reps Free of Charge-1 Additional Rep at Member rate)						
\$149	✓		✓	✓	✓	✓

Registration Deadline is September 30, 2016
Visit www.milehighala.com to register today!

- The discounted hotel rate is \$139.00 per night. This rate is good for 3 days before and after the retreat. If reserved, these additional nights are outside of the retreat package and must be paid by the attendee directly to the hotel.
- Late registrations will be accommodated on a first-come first-served basis.
- Hotel Check-in is at 4:00 p.m. Check-out is at 12:00 p.m.
- Dress attire is casual.
- Valet Parking and resort fees are included.
- Complimentary WiFi will be provide in all guest rooms and the meeting space.
- Chapter members attending the retreat are eligible for any raffle drawings conducted during the retreat.

For questions about registration or the event, please contact
Jessie Meier at jmeier@waltzlaw.com or (303) 573-2907

Things to do in Vail

The RockResorts Spa® at The Lodge at Vail offers a spa experience of unmatched luxury, comfort, and versatility. Guests of this exquisite Vail resort spa will delight in the intimacy and elegance of the spa's warm color scheme, soothing textures, and stylish stone and wood accents. The complete spa experience guests enjoy includes relaxation and spa treatment in the 7,500-square-foot spa facility, as well as use of a 3,500 square-foot fitness complex. Spa Hours: Fall (Sept 19 - Nov 19): 10:00 a.m. - 6:00 p.m. daily. For information or to make an appointment, please call 970-754-7828. **Plus ALA receives a 30% discount on the spa during the retreat weekend.**

Hiking/Walking Whether you're an experienced hiker ready to take on one of Colorado's 14,000-foot peaks. Or just looking to take a leisurely stroll through Vail's Bavarian-inspired village, the Vail Valley offers endless hiking options with unprecedented views and breathtaking sights. Guided services are available if you'd like to get out with someone that knows their way through the many trail systems in the area. For more information, please contact our concierge.

Whitewater Rafting Whether rafting on the famous Arkansas, the nearby Eagle or the popular Shoshone stretch of the Colorado River, you'll experience a rush of adrenaline, a splash or two of clean Rocky Mountain river water, and witness the breathtaking majesty of the Colorado Rocky Mountains from a totally different perspective. According to your preferences, your guide can take you through challenging rapids or a relaxing, lazy float trip. For more information about rafting options in Vail visit [Vail.com](https://www.vail.com)

Epic Discovery Summer in the mountains is taking on a whole new feel with Epic Discovery at Vail Mountain. Immerse yourself in nature, challenge yourself with thrilling activities like the Forest Flyer, Game Creek Aerial Adventure, ziplines and adventure courses. But that is only half the fun. Explore our natural playground, stand where founders Pete Seibert and Earl Eaton did, and learn about local flora and fauna with Epic Discovery's learn through play elements. For more information visit [Vail.com/epicdiscovery](https://www.vail.com/epicdiscovery).

Vail's Top-of-the-Mountain tours Let an experienced guide drive around Vail Mountain in a comfortable off road vehicle. See Vail's legendary Back Bowls, the Gore Range and Mount of the Holy Cross in a guided, open-air adventure. You will learn about Vail's ecosystem and geology from your personal tour guide. The loop begins at Eagle's Nest and winds up an around Vail mountain and loops back to Adventure Ridge. For more information about Vail's Top-of-the-Mountain-Tour visit [Vail.com](https://www.vail.com).